

A New Chapter Starts With Curiosity

Diploma in Hypnotherapy



Practical learning. Personal guidance.

Five weekdays in Somerset, with Steve and Lindsey. Small group training, space to practise and support as you take your next steps.

Explore your next step with us.

[Explore the Diploma](#)

A Welcoming Place to Learn

We are Steve and Lindsey. We have welcomed students to our Somerset school since 2014. As practising therapists and tutors, we bring our experience of working with people into the classroom.

You do not need to arrive feeling confident. Bring your curiosity and interest in people. Talk to us about your background before deciding.



Learning by doing

Watch demonstrations, practise with fellow students and receive personal feedback in real therapy rooms. There is time to ask questions, try again and develop your own way of working.

Meet Your Tutors

WHAT YOU WILL EXPLORE

Skills With People at Their Heart

Understanding hypnosis

Explore hypnosis and hypnotherapy, common myths, learning, habits and emotional responses.

Guiding a session

Practise your voice, inductions, deepening techniques, suggestions and bringing a session to a comfortable close.

Listening and adapting

Develop consultation skills, rapport and your use of scripts, metaphor and respectful language.

Working responsibly

Discuss consent, boundaries, ethics, confidentiality, record keeping and recognising the limits of your training.

Thinking about your practice

Consider insurance, explaining your services and the practical questions involved in starting professional work.

[Read the Full Course Content](#)

Support Along the Way

Five days together

Monday to Friday, 10 am to 4.30 pm. Learning takes place in the classroom and therapy rooms, with a manual to refer back to and no set homework during the course.

After your course

The £975 fee includes twelve months of tutor support and graduate group membership. Continued membership is optional at £50 a year afterwards.

Choosing the right training

The school offers IPHM accredited training. Training routes differ in length, assessment and recognition. Before booking, ask how your learning is assessed and whether the diploma meets the requirements of your intended insurer or professional body.

Your learning needs

If returning to learning feels daunting, or you have access or learning needs, speak to us before booking. We can discuss the practical arrangements and whether the course suits you.

Read Student Experiences

DATES, FEES AND YOUR NEXT STEP

Come and Talk to Us

Diploma fee: £975

Includes five days of practical training, your manual and twelve months of tutor support and graduate group membership. Payment options are available. Please check the current terms and availability before booking.

2027 course dates

25 to 29 January

22 to 26 February

22 to 26 March

Our school

Ash Tree, Westhill Lane, Bason Bridge,
Somerset, TA9 4RF.

Contact us to arrange a visit before booking.

07792 589995

ssoh.info@gmail.com

[View Dates and Book Your Course](#)

[Payment options](#) · [Booking terms](#)

Prepared October 2026. Dates and fees may change.
Please confirm current details with the school.